

GROCERY STORE TIPS

Stay 6 ft apart from others



1

Stay home if you are sick



2

*Pick one day a week to do all your shopping.
Try to avoid the busy times of day*



3

*Wipe down your cart or basket with
sanitizing wipes*



4

*Avoid picking up items you are
not going to buy*



5

*Wash produce under running water
with a brush*



6

*Wash plastic, glass, metal and other hard
surface containers with soap*



7

*Keep 6 ft of distance between
yourself and others*



8

*Use debit or credit card to avoid handling
cash between yourself and the cashier*

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Harris County
Public Health
Building a Healthy Community



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COVID19
CORONAVIRUS DISEASE